

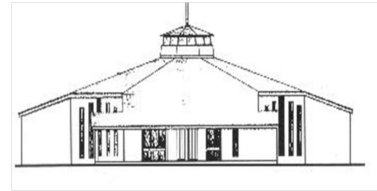
Holy Cross Catholic Community

'A family for all cultures to nurture disciples of all ages'

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18th February 2024 First Sunday Lent

Lord, be Merciful to me a sinner

Reading Cycles: Sundays Year B Psalter Week 1

Day and Date	Mass Time	Intention	Recently Died
Saturday 17th February First Mass of Sunday	6.00 pm	Margaret & Raymond Davies RIP	<p>All Souls whose names are entered in our Book of Remembrance and all victims of war & violence Our family & friends whose anniversaries occur around this week</p>
Sunday 18th February 1st Sunday Lent	10.00 am	Pro Populo	
Monday 19th February Weekday 1st week of Lent	9.30am	Philip McCarthy BBlessings	<p><i>Eternal rest grant unto them O Lord R. And let perpetual light shine upon them. May they rest in Peace. Amen</i></p>
Wednesday 21st February Weekday 1st week of Lent	7.00pm	Aleykutty Paily RIP	
Thursday 22nd February Chair of St Peter	9.30 am	Angela Mainwaring Sp Int	
Friday 23rd February Stations of the Cross & Mass	7.00 pm	Anita Coulsen RIP	<p>Pray for the Sick of the Parish Heavenly Father, look with mercy on the sick of our parish community and help them in this time of sickness, Restore them to health, we pray, Through Christ our Lord. Amen.</p>
Saturday 24th February Weekday 1st week of Lent	12 noon	Maria Morgan Sp Intention	
Saturday 24th February First Mass of Sunday	6.00 pm	Rodney Jeynes RIP	

Exposition of the Blessed Sacrament for personal prayer and silent Adoration on week days 30 minutes before the Mass. Confessions on Saturdays from 11 to 11.50 am. Divine Mercy Chaplet before Mass in Lent.

FRIDAYS IN LENT

Our Church will be open on Fridays in Lent from 10am for private prayer and devotions. Stations of the Cross and Mass at 7 pm. Please make an extra effort to attend . A small sacrifice in Lent for us and for our family, friends and for all who suffer.

Unification of our two Dioceses

We have begun the "Listening Process" regarding the possible unification of our two Dioceses. Archbishop has asked us all to pray for this Process, that we be guided by the Holy Spirit in the decisions that are to be made.

"We pray for all in the Dioceses of Menevia and the Archdiocese of Cardiff during the Listening Process which is taking place at this time. May we be open to the guidance and consolation of the Holy Spirit, so that we can be more faithful and courageous missionary disciples of the Lord". Lord in You mercy....

Pilgrims of Hope

We are in the 'YEAR OF PRAYER' in preparation for the Jubilee Year 2025. The Bishops conference has published 'We Dare to Say' a beautiful resource book for Faith sharing on the Lord's Prayer. We are being asked to use them especially during the season of Lent in small faith-sharing groups. You are very welcome to join on Mondays in Lent (starting on 19th) in our meeting room from 7.30 pm to 8.30pm for Visio Divina, Meditation and Faith-sharing.

Parish Bank Details for your Offering

Name : Gendros Parish

A/C NO: 90264630

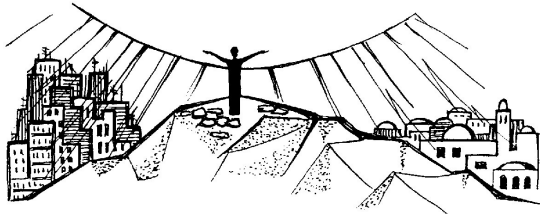
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Last weekend Offering £ 474 Curry Night £ 655

Many Thanks

Parish Hall available for hire.

Please contact on 01792586454



Beginning New Patterns During Lent.

Something all of us can do is commit ourselves to being more reflective during Lent. It just means that I'm going to make a point of being more observant, more aware of what I'm experiencing - paying more attention to what is "automatic" behaviour. And, I then start paying attention to my desires. We have all kinds of desires. During Lent, I can reflect upon the desires I currently have and which of them need to be purified, which may need to be abandoned, and which are wonderful desires that are there, but I haven't acted upon them. Naming our deepest desires will guide the choices we make to establish new patterns for Lent.

The prayer of St. Augustine places us in the right spirit for Lent:

O Lord, our Lord, you have created us for yourself and our hearts are restless until they rest in you.

Lent is indeed how God draws us home, as individuals. But, it is also a very communal journey. We never journey alone, no matter how "lonely" we may feel. We are always journeying together. Let us pray for each other on this journey, especially those who need and desire a change of heart on this pilgrimage to Easter joy.

**Ministers of the Word
Weekend 24th/ 25th February**

Saturday 6pm

First Reading Trish
Second Reading Helen
Bidding Prayers Luke

Sunday 10.00 am

First Reading Anto
Second Reading Steve J
Bidding prayers Elisha

Church Cleaning

Week beginning :
18th February No clean
25th February Resmi & Bismi
3rd March No clean

DO YOU WANT TO FAST THIS LENT?

- Fast from hurting words and say kind words.
- Fast from sadness and be filled with gratitude.
- Fast from anger and be filled with patience.
- Fast from pessimisms and be filled with hope.
- Fast from worries and have trust in God.
- Fast from complaints; contemplate simplicity.
- Fast from pressures and be prayerful.
- Fast from bitterness and fill your hearts with joy.
- Fast from selfishness and be compassionate.
- Fast from grudges and be reconciled.
- Fast from words and be silent and listen. (Pope Francis)

CONFESSIONS IN LENT

Fr Cyril is available to hear Confessions in Lent until 10 minutes before the Holy Mass begins on all days including the weekend Masses. Please feel free to make use the opportunity to experience the love & mercy of God.

YOUTH RETREAT

Following on from our excellent Catholic Youth Retreat in Swansea, when over 140 young people attended, the Youth Council has organised a Lent Youth Retreat In Bridgend. It will take place on Saturday 24th February at Archbishop McGrath High School, Bridgend. Tickets cost £10 and include food and refreshments.

The programme includes:

- ◇ Mass with the choir
- ◇ Inspiring talks and discussions
- ◇ Presentations, Prayer and Adoration, great food and the chance to meet new friends.

To register: <https://rcadc.org/Sign-up-for-our-lent-youth-retreat-2024/>.