

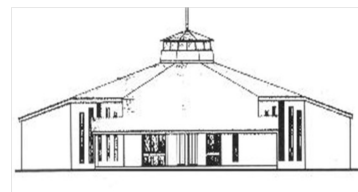
# Holy Cross Catholic Community

'A family for all cultures to nurture disciples of all ages'

Upper Kings Head Road, Gendros, Swansea, SA5 8BR Tel: 01792 586454

Email: [gendros@menevia.org](mailto:gendros@menevia.org) Website: [holycrossmenevia.com](http://holycrossmenevia.com)

Parish Priest Fr Cyril Thadathil Email: [thadathilckp@gmail.com](mailto:thadathilckp@gmail.com)



**10th March 2024 Fourth Sunday Lent Laetare Sunday**

**Reading Cycles: Sundays Year B Psalter Week 4**

**Lord, be Merciful to me a sinner**

Day and Date	Mass Time	Intention	Recently Died
<b>Saturday 9th March</b> <b>First Mass of Sunday</b>	<b>6.00 pm</b>	<b>Jack &amp; Rina Lydiard RIP</b> <b>Mary Thomas RIP</b>	<b>Keith Phillips</b> All Souls whose names are entered in our Book of Remembrance and all victims of war & violence Our family & friends whose anniversaries occur around this week
<b>Sunday 10th March</b> <b>4th Sunday Lent</b>	<b>10.00 am</b>	<b>Christine Simmons Sp Intention</b>	
<b>Monday 11th March</b> <b>Weekday 4th week of Lent</b>	<b>9.30am</b>	<b>Jean Thomas Thanksgiving</b>	<b>Eternal rest grant unto them</b> O Lord R. And let perpetual light shine upon them. May they rest in Peace. Amen
<b>Wednesday 13th March</b> <b>Weekday 4th week of Lent</b>	<b>7.00pm</b>	<b>Angela Mainwaring Sp Intention</b>	
<b>Thursday 14th March</b> <b>Weekday 4th week of Lent</b>	<b>9.30 am</b>	<b>Brian Shepherd RIP</b>	<b>Pray for the Sick of the Parish</b> Heavenly Father, look with mercy on the sick of our parish community and help them in this time of sickness, Restore them to health, we pray, Through Christ our Lord. Amen.
<b>Friday 15th March</b> <b>Stations of the Cross &amp; Mass</b>	<b>7.00 pm</b>	<b>Joe Moruzzi RIP</b>	
<b>Saturday 16th March</b> <b>Weekday 4th week of Lent</b>	<b>12 noon</b>	<b>Marykutty Mathew RIP</b>	
<b>Saturday 16th March</b> <b>First Mass of Sunday</b>	<b>6.00 pm</b>		

Exposition of the Blessed Sacrament for personal prayer and silent Adoration on week days 30 minutes before the Mass. Confessions on Saturdays from 11 to 11.50 am. Divine Mercy Chaplet before Mass in Lent.

**FRIDAYS IN LENT** Church will be open on Fridays in Lent from 10am for private prayer and devotions. Stations of the Cross and Mass at 7 pm. Please make an extra effort to attend . A small sacrifice in Lent for us and for our family, friends and for all who suffer.

## Unification of our two Dioceses

We have begun the "Listening Process" regarding the possible unification of our two Dioceses. Archbishop has asked us all to pray for this Process, that we be guided by the Holy Spirit in the decisions that are to be made.

"We pray for all in the Dioceses of Menevia and the Archdiocese of Cardiff during the Listening Process which is taking place at this time. May we be open to the guidance and consolation of the Holy Spirit, so that we can be more faithful and courageous missionary disciples of the Lord". Lord in You mercy....

## Prayer to St Joseph

O St. Joseph, loving custodian of the Redeemer, you are our model of unconditional trust to the will of God.

You followed in total surrender the noble mission entrusted to you by the Father revealed through the Angel Gabriel while you were immersed in sacred slumber.

Through the help of your paternal intercession, may the Lord give us unwavering determination and filial confidence to his loving care. Give us a share in your enlightened disposition when we are in doubt, and courage of heart when we face difficulties and trials, so that at the end of life's journey we may close our eyes with calm serenity to wake up in the tender love of god the Father in heaven. Amen.

**Parish Bank Details for your Offering**

Name : Gendros Parish

A/C NO: 90264630

Sort Code 55 -61 -20

Last weekend Offering £ 561

Many Thanks

Parish Hall available for hire.  
Please contact on 01792586454

*For God so loved the world ...*

Nicodemus came to Jesus at night.  
His heart aching to know more  
about God. So Jesus explained to him and to us,  
how much God cares.

*God so loved the world that  
that he gave his only son.*

We know how much it cost the Father.  
In the story of Abraham and Isaac  
We can see how Abraham felt  
before God said to stop.  
Now we know how God felt when  
offering his Son.  
God loved us that much.  
God loved us first.  
He knew we needed Jesus,  
whom we can see and touch and love.  
Thank you, God, for love incarnate



**Gift Aid Forms**

A big thank you to all who signed the Gift Aid forms.  
Those who signed the forms please pay your Sunday Offerings either online to our parish account weekly - monthly or take our Sunday offering envelop box and kindly let us know the number. If you don't do this we cannot claim your Gift Aid. Once again many thanks for your support, understanding and co operation.  
God bless

**Legion of Mary**

On Mondays after Mass we have Rosary & Legion of Mary Prayer meeting. You are very welcome to join only for the Rosary or both.

**Ministers of the Word  
Weekend 16th/ 17th March**

**Saturday 6pm**

<i>First Reading</i>	<b>Shalini</b>
<i>Second Reading</i>	<b>Trish</b>
<i>Bidding Prayers</i>	<b>Luke</b>

**Sunday 10.00 am**

<i>First Reading</i>	<b>Maria de B</b>
<i>Second Reading</i>	<b>Anjelica</b>
<i>Bidding prayers</i>	<b>Aloys</b>

**Church Cleaning**

<i>Week beginning :</i>	
<b>10th March</b>	<b>Ancy &amp; Shalini</b>
<b>17th March</b>	<b>No clean</b>
<b>24th March</b>	<b>Cagi Family</b>

*"Let us return, brothers and sisters. Let us return to God with all our heart. During these weeks of Lent, let us make space for the prayer of silent adoration, in which we experience the presence of the Lord, like Moses, like Elijah, like Mary, like Jesus. Have we noticed that we have lost the sense of worship? Let us return to worship. Let us lend the ear of our hearts to the One who, in silence, wants to say to us: "I am your God – the God of mercy and compassion, the God of pardon and love, the God of tenderness and care... Do not judge yourself. Do not condemn yourself. Do not reject yourself. Let my love touch the deepest, most hidden corners of your heart and reveal to you your own beauty, a beauty that you have lost sight of, but will become visible to you again in the light of my mercy."*

*"Lent, then, immerses us in a bath of purification and of self-spoilation: it helps us to remove all the cosmetics that we use in order to appear presentable, better than we really are. To return to the heart means to go back to our true self and to present it just as it is, naked and defenceless, in the sight of God. It means looking within ourselves and acknowledging our real identity, removing the masks we so often wear, slowing the frantic pace of our lives and embracing life and the truth of who we are. Life is not a play; Lent invites us to come down from the stage and return to the heart, to the reality of who we are: a return to the heart and the truth."*

The prayer of St. Augustine places us in the right spirit for Lent: *O Lord, our Lord, you have created us for yourself and our hearts are restless until they rest in you.*

Lent is indeed how God draws us home, as individuals. But, it is also a very communal journey. We never journey alone, no matter how "lonely" we may feel. We are always journeying together. Let us pray for each other on this journey, especially those who need and desire a change of heart on this pilgrimage to Easter joy.